

**Chaska
September
2019
Menu**



**CAP AGENCY
CONGREGATE DINING and
HOME DELIVERED MEALS
A SENIOR SERVICE OF
SCOTT-CARVER-DAKOTA
CAP AGENCY, INC.**



**FOR YOUR
DINING
PLEASURE**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
LABOR DAY Holiday Site Closed	Boiled Ham Dinner Sweet Potatoes Cabbage Bread/Butter Grapes	Chicken Aloha Steamed Rice Seasoned Broccoli Bread/Butter Sliced Peaches Fortune Cookie	Spaghetti with Meat Sauce/Parm Tossed Salad Dressing Mixed Vegetables Garlic Bread Filled Shortbread Cookie	Cracker-Coated Haddock Fillet Tartar Sauce Twice Baked Mashed Potatoes Beets Bread/Butter Mandarin Oranges
9	10	11	12	13
Chicken Breast with Cheese Gravy Rice Pilaf CA Blend Vegetables Bread/Butter Apple Sauce	Salisbury Steak Gravy Bowtie Pasta Glazed Carrots Bread/Butter Pineapple	Cranberry Pork Chop Baked Potato Half Butter/Sour Cream Steamed Asparagus Bread/Butter Frosted Marble Cake	Roast Beef with Gravy Mashed Potatoes Cascade Blend Veg Bread/Butter Watermelon	Oven Baked Cod Tartar Sauce Cranberry Wild Rice Blend Steamed Peas Bread/Butter Mixed Fruit Cup
16	17	18	19	20
Sweet and Sour Meatballs over Rice Stir Fry Vegetables Bread/Butter Sliced Pears Fortune Cookie	Shredded Beef on Bun with BBQ Sauce Macaroni Salad Steamed Corn Orange	Baked Chicken Scalloped Potatoes Glazed Carrots Bread/Butter Lemon Bar	Brat Pattie on Bun Ketchup/Mustard Mashed Potatoes Sauerkraut Cantaloupe	Salmon Fillet Lemon Garnish Rice Pilaf Coleslaw Bread/Butter Tropical Fruit
23	24	25	26	27
Baked Chicken Drummies Sweet Potatoes Steamed Peas Bread/Butter Apple Ring Garnish Sliced Pears	Hamburger on Bun 2 Tomato Slices Pickles Ketchup/Mustard Potato Salad Grapes	Baked Pork Chop Gravy Rotini Pasta Red Cabbage Bread/Butter Honeydew	Homemade Meatloaf Parsley Potatoes Whole Green Beans Cole Slaw Bread/Butter Macadamia Cookie	Hot Turkey Sandwich Stuffing Glazed Carrots Cranberry Garnish Bread/Butter Apple
30				
Swedish Meatballs Egg Noodles Gravy Steamed Broccoli Bread/Butter Peaches				

Reservations and Cancellations must be made one business day in advance.

Meals include 1% milk and butter. If you are on a reduced sugar diet, please inform the site coordinator so the appropriate food can be delivered to you. We use only fresh, light or juice packed fruits; vegetables are served without salt or fat. Questions regarding meals or options can be directed to the site coordinator in your community at the numbers listed below, Monday through Friday mornings. Thank you for dining with CAP Agency Senior Nutrition!

CHASKA SITE DIRECT PHONE NUMBER: 952-361-5072

Reservations and Cancellations must be made by noon one business day in advance.

Chaska's Senior Service Coordinator is available 8:30 am – 12:30 pm, Monday-Friday.

Needed: Volunteers for CAP Agency Home Delivered Meal Program. If you know someone who may be interested in volunteering, please have them call the number above to learn more.

