



# WIC (Women, Infants, Children)

Nutrition Education and Food Supplement Program

## Description

WIC is a nutrition education program intended to promote good health by providing nutrition information and counseling along with supplemental foods such as milk, cheese, juice, cereals and infant formula. Children are weighed and measured at WIC clinics to monitor healthy growth. \$7M in WIC supplemental food vouchers are spent in our local communities.

## Participation

WIC services are available to women who are pregnant, nursing or postpartum and to families with infants and children under the age of five. WIC eligibility is based on household income guidelines.

### Minnesota WIC Income Eligibility Guidelines

Maximum allowable gross income standards effective July 1, 2008 as follows:

	<b>Families with Children Age 2-5 (185% of poverty)</b>
Family Size	Annual Income
1	\$0 to 19,240
2	\$25,900
3	\$32,560
4	\$39,220
5	\$45,880
6	\$52,540
7	\$59,200
8	\$65,860
9	\$72,520
10	\$79,180
For each additional family member add:	\$6,660

Families may also qualify by bringing proof that a family member is enrolled in one or more of the following programs: Medical Assistance, (MA), Minnesota Care, MFIP, Food Stamps, Fuel Assistance, Head Start, Free/Reduced Price School Lunch, SSI. Families with incomes higher than the incomes listed above may still qualify for WIC if a family member is enrolled in Medical Assistance or Minnesota Care. Applicants on TEFRA will still qualify for WIC.

## Cost

WIC services are available at no cost to eligible families.

## WIC Clinic Appointments

Appointments for WIC Clinics must be made in advance.

If you live in Scott County and wish to schedule an appointment, please call 952-496-2125.

If you live in Carver County and wish to schedule an appointment, please call 952-960-9700.

## WIC Clinic Locations

CAP Agency, 712 Canterbury Road South, Shakopee, MN 55379

CAP Agency, 110650 Village Road, Chaska, MN 55318

[www.capagency.org](http://www.capagency.org)