



Volunteer Opportunities

CCR&R <i>Serving residents of Scott & Carver Counties</i>	Serve on Child Care Provider Grant Review Committee.	Call CAP Agency CCR&R at 952-402-9824 for commitment requirements.
CHORE Services <i>Serving residents of Scott & Carver Counties</i>	Befriend an elderly community member by assisting with various household and yard chores (i.e. mowing the lawn, raking leaves, fixing a leaky faucet, washing walls, shoveling snow). <i>Note: Although considered a volunteer, workers for some jobs may be eligible for a stipend.</i>	Seasonal & Ongoing Flexible commitment. Great for community/youth groups.
Crisis Nursery Care Provider or Advocate <i>Serving residents of Scott & Carver Counties</i>	Provide short-term care for children whose families are in crisis – Must be a licensed daycare or foster care provider. Be a volunteer advocate providing coverage for 24-hour help line – Must have experience in social service and/or crisis response.	Flexible Weekdays, Evenings and Weekends
Fare For All	Assist with food sales and distribution in: Chaska from 12:00 - 2:30. Shakopee from 3:30 to 6:00. Rosemount from 3:00 - 5:00	Once a month per site Dates vary Pick your site
Food Support Outreach <i>Serving residents of Scott, Carver & Dakota Counties</i>	Help Scott, Carver, and Dakota county residents complete application for county-run, federal program that helps low-income Minnesotans get the food they need for sound nutrition and well-balanced meals. OR Attend local events such as county, health, senior fairs etc., to educate public about Food Support Program. Retired or current teachers ideal.	1-2 hours a week commitment Free training provided
Head Start Locations throughout Scott, Carver, & Dakota Counties	Assist with preschool program, children 3-5 years old. Play games, read to children, assist with daily activities.	Morning or afternoon Mon-Thurs. During school year
Head Start Locations throughout Scott, Carver, & Dakota Counties	Share your special talent or skill in a preschool setting. Play piano, love to paint, or make a birdhouse are just a few of the ideas to share with children.	Morning or afternoon Mon-Thurs. During school year
Head Start	Assist in restocking our Head Start classroom first aid bins. The task involves removing the contents of 14 bins and 14 travel bags, cleaning them and restocking with the appropriate materials. <i>At our Rosemount office</i>	1 time commitment Flexible schedule
Internal Support <i>Office sites in Shakopee, Chaska and Rosemount</i>	Direct visitors and calls to the proper program or provide information and referrals as needed. Assist with general clerical responsibilities such as: Word Processing, Data Entry, Copying, Filing, Folding and Stuffing Envelopes, Labeling and Scanning.	Monday-Friday Mornings or afternoons Flexible commitment. Call for available times.
Senior Nutrition <i>Locations throughout Scott, Carver and Dakota counties</i>	Serve Senior Dining or deliver Meals on Wheels meals in community.	Weekday Mornings Flexible commitment.
Thrift Shop <i>One location in Shakopee</i>	Sort and hang clothing and train new thrift shop volunteers. <i>Must be 16 years of age or older to volunteer for this program.</i>	Mon – Sat hours Call for available times

Visit our website at www.capagency.org for more information or to print an application.