



Senior Nutrition Program

Senior Dining and Meals on Wheels

Description

Senior Dining offers nutritious, hot noon meals at 20 congregate dining sites throughout Scott, Carver and Dakota Counties. Health information, social service referrals, nutrition education, volunteer opportunities, occasional celebrations and companionship with other participants are also provided.

Meals on Wheels offers weekday home delivery of nutritious, hot, noon meals on a short-term or long-term basis through nine CAP Agency Senior Dining sites to elderly in sixteen communities.

Health information, social service referrals and nutrition education are also provided.

Participation

Adults who are age 60 and older are invited to attend Senior Dining and adults who are homebound may receive Meals on Wheels. Senior Nutrition participation is not based on income.

Menu

A sample daily menu includes: Baked Chicken, Mashed Potatoes/Gravy, Capri Blend Veggies, Dinner Roll, Frosted Cake and 1% Milk. Sodium reduced, modified mechanical soft (main entrée is minced) and low-calorie desserts are available upon request.

Cost

A donation of \$3.50 per meal is suggested. No one is turned away, however, due to an inability to pay.

Meal Reservations

A two-day advance meal reservation is required. To make a meal reservation, please either stop in or call the site at its listed phone number any weekday morning (see reverse side.)

Dining Site Locations

Scott County:	Belle Plaine, Jordan, New Prague, Prior Lake, and Shakopee
Carver County:	Chanhassen, Chaska, Watertown, and Waconia
Dakota County:	Apple Valley (2), Burnsville, Eagan, Farmington, Hastings, Inver Grove Heights, Lakeville, Mendota Heights, and Rosemount

CAP Agency Shakopee Office ▪ 712 Canterbury Road South ▪ Shakopee, MN 55379 ▪ 952-496-2125

CAP Agency Chaska Office ▪ 110650 Village Road ▪ Chaska, MN 55318 ▪ 952-960-9700

CAP Agency Rosemount Office ▪ 2496 - 145th Street West ▪ Rosemount, MN 55068 ▪ 651-322-3500

www.capagency.org

The following are CAP Agency Senior Nutrition Sites in Scott, Carver and Dakota Counties. All dining sites serve meals at 11:30 a.m. unless stated otherwise. Meals on Wheels programs are operated at nine of the sites. To make the required two-day advance meal reservation, please call the site at its listed phone number.

Scott County

Belle Plaine -- (952) 873-6311
Cardinal Ridge
200 W. State St.

New Prague -- (952) 758-2652
New Prague City Hall
118 Central Ave. N.
Also Meals on Wheels site

Jordan -- (952) 492-2208
Schule House
100 4th Street
Also Meals on Wheels site

Prior Lake -- (952) 447-8895
Prior Manor
10649 Franklin Trail SE
Also Meals on Wheels site

Shakopee -- (952) 445-9515
Levee Drive Apartments
200 Levee Drive

Carver County

Chanhassen -- (952) 227-1127
Chanhassen City Hall
7600 Market Blvd.
Also Meals on Wheels site

Waconia -- (952) 442-5478
Waconia Legion
233 Olive Street
Also Meals on Wheels site

Watertown -- (952) 955-3793
Elim Home
409 Jefferson Ave. SW

Chaska -- (952) 448-9303, Ext 1132
Talheim Apartments
407 Oak St. N.
Also Meals on Wheels site

Dakota County

Apple Valley -- (952) 431-1831
Orchard Squares
7375 157th Street W.

Farmington -- (651) 463-3900
Farmington Senior Center
431 3rd Street
Also Meals on Wheels site

Lakeville -- (612) 669-2913
Winsor Plaza
20827 Howland Avenue
Also Meals on Wheels site

Apple Valley -- (651) 322-3500
Southeast Asian Elders
World Buffet
Southport Shopping Center
15050 Cedar Avenue, #113
2nd & 4th Wednesdays

Hastings -- (651) 437-7133
Meal served at noon
Mississippi Terrace
301 Ramsey Street

Mendota Heights -- (651) 905-0251
Meal served at noon
Parkview Plaza
730 South Plaza Drive

Burnsville -- (612) 669-2911
Eagle Ridge Place
12600 Eagle Ridge Dr.

Inver Grove Hts -- (651) 554-1473
Carmen Court
5825 Carmen Ave. S.

Rosemount -- (612) 669-2910
Meal served at noon
Cameo Place
3101 Lower 147th Street West
Also Meals on Wheels site

Eagan -- (612) 669-2912
Oak Woods of Eagan
2065 Park Center Drive