



# Healthy Families

## Description

Healthy Families provides intensive home visits to support new and expectant parents in the areas of child health and development, positive parenting skills and a safe home environment. Families are encouraged to identify and build on their existing skills and resources and are assisted in establishing a network of community services tailored to their individual situation.

## Participation

Healthy Families program participation is initiated on a referral-only basis generally by a health, school, or WIC professional. Home visits are provided weekly during the first six to 12 months of the infant's life and then less often as necessary, up to the child's fourth birthday.

## Eligibility

Healthy Families eligibility is based on the presence of risk factors related to a child's well being in terms of a safe and nurturing home environment and healthy physical and emotional development.

Eligible parents must be first-time parents of an expected child or a child up to three months of age at the time of referral. Participation is not based on income and is limited to residents of Dakota and Carver counties.

## Partnership

Healthy Families is a partnership among several agencies, organizations and health care providers serving Dakota and Carver counties.

## Cost

Healthy Families services are provided at no cost to eligible families.

## Contact Information

Referrals can be made to Healthy Families by calling 651-554-6219 in Dakota County or 952-361-1329 in Carver County.

CAP Agency Chaska Office ▪ 110650 Village Rd ▪ Chaska, MN 55318 ▪ 952-960-9700  
CAP Agency Rosemount Office ▪ 2496 - 145th Street West ▪ Rosemount, MN 55068 ▪ 651-322-3500

[www.capagency.org](http://www.capagency.org)