

Elim  
MENU  
September  
2010



CAP AGENCY  
SENIOR DINING/MEALS ON WHEELS  
A SENIOR SERVICE OF  
SCOTT-CARVER-DAKOTA CAP AGENCY, INC.



FOR YOUR  
DINING PLEASURE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
There is always a piece of fortune in misfortune... <i>Japanese Proverb</i>		1	2	3
		Turkey Sandwich Chicken Soup Fruit Chips Dessert Juice	Macaroni Tuna Salad/Lettuce Leaf Cucumber Salad Bread/Margarine Strawberries/Bananas Juice	Mock Chowmein With Vegetables Egg Roll Green Beans Bread/Margarine Dessert, Juice
6	7	8	9	10
<b>LABOR DAY HOLIDAY</b>  <b>SITE CLOSED</b>	Cheeseburger Hotdish Green beans Dinner Roll Dessert Juice	Mac and Cheese Rope Sausage Vegetables Watermelon Juice	Pork Sandwich Pasta Salad with Vegetables Corn Dessert Juice	Ham Salad Sandwich Lettuce/Tomato Chips Fruit Dessert Juice
13	14	15	16	17
Hot Turkey Sandwich Mashed Potatoes Gravy Corn Cranberry Sauce Dessert Juice	Ribettes Baked Potato Broccoli Bread/Margarine Dessert Juice	Ham and Cheese Sandwich Tomato Soup Chips Dessert Juice	Pot Roast Mashed Potatoes Gravy Glazed Carrots Bread/Margarine Dessert Juice	Sloppy Joes French Fries Baked Beans Cole Slaw Bread/Margarine Dessert Juice
20	21	22	23	24
Meatloaf Baked Potato Mixed Vegetables Bread/Margarine Dessert Juice	Teriyaki Chicken Rice Oriental Vegetable Egg Roll Fortune Cookie Juice	Grilled Cheese Tomato Soup Chips Fruit Cup Juice	Hot Dish Green Beans Bread/Margarine Dessert Juice	Salisbury Steak Mashed Potatoes Beets Bread/Margarine Dessert Juice
27	28	29	30	
Pork Chop Mashed Potato Mixed Vegetables Bread/Margarine Dessert Juice	Chicken Vegetable Tetrazzini Carrots Bread/Margarine Dessert Juice	Turkey Sandwich Chicken Soup Fruit Chips Dessert Juice	Macaroni Tuna Salad/Lettuce Leaf Cucumber Salad Bread/Margarine Strawberries/Bananas Juice	

SENIOR DINING SITES

Scott County

Belle Plaine	952-873-6311 M-F a.m.
Jordan	952-492-2208 M-F a.m.
New Prague	952-758-2652 M-F a.m.
Prior Lake	952-447-8895 M-F a.m.
Shakopee	952-445-9515 M-F a.m.

Carver County

Chaska	952-448-9303 ext 1132
Different Menu M-F	
Chanhassen	952-227-1127 M-F
Waconia Legion	952-442-5478
Watertown-Elim	952-955-3793 M-F
Different Menu	

Dakota County

Apple Valley	952-431-1831 M-F a.m.
Burnsville	612-669-2911 M-F a.m.
Eagan	612-669-2912 M-F a.m.
Farmington	612-940-9590 M-F a.m.
Hastings	651-437-7133 M-F a.m.
Inver Gr Hts	651-554-1473 M-F a.m.
Lakeville	612-669-2913 M-F a.m.
Mendota Hts	651-905-0257 M-F a.m.
Rosemount	612-669-2910 M-F a.m.
So St Paul	651-552-9136 M-F a.m.

CAP Agency Senior Nutrition is funded through the Federal Older Americans Act by a contract from the Metropolitan Area Agency on Aging, state appropriations, CAP Agency & participant contributions

**\*Reservations must be made one day in advance.** Meals include 1% milk, bread & margarine. If you are on a salt restricted diet &/or reduced calorie diet, please inform the site coordinator so the appropriate food can be delivered to you. We use only fresh, light or juice packed fruits; vegetables are served without added salt or fat. We are happy to serve you delicious, healthy & nutritious foods. **Menus may be subject to change.** If you have questions regarding meals or options, feel free to ask or call your site coordinator, at 952-955-3793. Senior Nutrition program staff can be reached at 952-496-2125.