



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
There is always a piece of fortune in misfortune... <i>Japanese Proverb</i>				1		2		3	
						Herb Baked Chicken Mashed Potatoes With Gravy California Blend Veggies Bread/Margarine Frosted Brownie		Cheese Burger/Bun Sliced Onions Potato Salad Pickle Spear Garnish Cookie	
6		7		8		9		10	
Chicken Mozzarella Marinara Sauce/Pasta Green Beans Bread Stick Tossed Salad/Drssng. Ranger Cookie		Green Pepper Steak Onion Roasted Potatoes Peas and Carrots Bread/Margarine Oreo Dessert		Cranberry Glazed Pork Chop Baked Potato Half Marg./Sour Cream Steamed Asparagus Bread/Margarine Cheese Cake/Fruit Tppng		Beef Commercial Brown Gravy Mashed Potatoes Steamed Corn Orange Jell-O Whip		Baked Fish Tartar Sauce Au Gratin Potatoes Harvard Beets Bread/Margarine Strawberry Short Cake	
13		14		15		16		17	
Baked Glazed Ham Sweet Potatoes Cauliflower Bread/Margarine Ice Cream Cup		Swedish Meatballs With Gravy Mashed Potatoes Country Blend Veggies. Bread/Margarine Chilled Peaches		BBQ Pork Chops Oven Roasted Potatoes Seasoned Broccoli Bread/Margarine Raspberry Swirl Cake		Turkey ala King Mashed Potatoes Summer Blend Veggies. Bread/Margarine Pineapple Upside Down Cake		Roast Beef with Gravy Mashed Potatoes Steamed Carrots Bread/Margarine Chilled Pears	
20		21		22		23		24	
Meatloaf Parsley New Potatoes Spanish Beans Bread/Margarine Pears		Hamburger/Bun Lettuce, Tomato Onion Garnish Pickle Spear Baked Beans Fresh Grapes		Beef Stroganoff Mashed Potatoes Peas and Carrots Bread/Margarine Cranberry Upside Down Cake		Pork Chop Supreme Baked Potato Half Margarine/Sr. Cream Winter Blend Veggies. Bread/Margarine Ice Cream Cup		Baked Chicken/Gravy Stuffing Glazed Carrots Tossed Salad/Drssng. Frosted Lemon Cake	
27		28		29		30			
Chicken Drumsticks Au Gratin Potatoes Steamed Asparagus Tossed Salad/Drssng. Bread/Margarine Watermelon		BBQ Ribettes Baked Potato Half Margarine/Sr. Cream Steamed Corn Bread/Margarine Chilled Pears		Pork Roast/Gravy Mashed Potatoes Red Cabbage Bread/Margarine Oatmeal Raisin Cookie		Ring Bologna Mustard/Ketchup Mashed Potatoes Sauerkraut Bread/Margarine Lemon Pudding Cake			

SENIOR DINING SITES

Scott County

Belle Plaine	952-873-6311 M-F a.m.
Jordan	952-492-2208 M-F a.m.
New Prague	952-758-2652 M-F a.m.
Prior Lake	952-447-8895 M-F a.m.
Shakopee	952-402-9855 M-F a.m.

Carver County

Chaska	952-448-9303 ext 1132
Different Menu M-F	
Chanhasen	952-227-1127 M-F
Waconia Legion	952-442-5478 M-F
Watertown-Elim Home	952-955-3793 M-F

Dakota County

Apple Valley	952-431-1831 M-F a.m.
Burnsville	612-669-2911 M-F a.m.
Eagan	612-669-2912 M-F a.m.
Farmington	612-940-9590 M-F a.m.
Hastings	651-437-7133 M-F a.m.
Inver Gr Hts	651-554-1473 M-F a.m.
Lakeville	612-669-2913 M-F a.m.
Mendota Hts	651-905-0257 M-F a.m.
Rosemount	612-669-2910 M-F a.m.
So St Paul	651-552-9136 M-F a.m.

CAP Agency Senior Nutrition is funded through the Federal Older Americans Act by a contract from the Metropolitan Area Agency on Aging, state appropriations, CAP Agency & participant contributions

**\*Reservations must be made one day in advance.** Meals include 1% milk, bread & margarine. If you are on a salt restricted diet &/or reduced calorie diet, please inform the site coordinator so the appropriate food can be delivered to you. We use only fresh, light or juice packed fruits; vegetables are served without added salt or fat. We are happy to serve you delicious, healthy & nutritious foods. **Menus may be subject to change.** If you have questions regarding meals or options, feel free to ask or call your site coordinator, at 952-448-9303, ext 1132. Senior Nutrition program staff can be reached at 952-496-2125.