



2009-2010

RESOURCE DIRECTORY



Shakopee Office
712 Canterbury Rd. S.
Shakopee, MN 55379
952-496-2125

Chaska Office
110650 Village Rd.
Chaska, MN 55318
952-960-9700

Rosemount Office
2496 145th St. W.
Rosemount, MN 55068
651-322-3500

www.capagency.org
Serving Scott, Carver and Dakota Counties

*This Resource Directory is available on line at www.capagency.org/pdffiles/AgencyResourceDirectory.pdf
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This publication is for resource information only and does not imply endorsement by the CAP Agency

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AGENCIES

CAP AGENCY - **Serving Scott, Carver and Dakota Counties*

Shakopee Office

Serving Scott and Carver Counties

712 Canterbury Road S

Shakopee, MN 55379

Phone: 952-496-2125

Fax: 952-402-9815

Carver Office

Serving Carver County

110650 Village Road

Chaska, MN 55318

Phone: 952-960-9700

Fax: 952-960-9699

Rosemount Office

Serving Dakota County

2496 145th St W

Rosemount, MN 55068

Phone: 651-322-3500

Fax: 651-322-3555

Please Note: Programs not in italics currently serve only Scott and Carver Counties. Programs in italics also serve families in Dakota County.

- | | |
|--|---------------------------|
| ▪ Child Care Resource and Referral | ▪ <i>Head Start</i> |
| ▪ Chore (Senior assistance) | ▪ Holiday Project |
| ▪ Crisis Nursery (612-839-5101) | ▪ <i>Housing Programs</i> |
| ▪ <i>Dakota Healthy Families</i> | ▪ <i>Meals on Wheels</i> |
| ▪ <i>EAP (Energy Assistance Program)</i> | ▪ <i>Senior Dining</i> |
| ▪ Emergency Services (other than food) | ▪ Thrift Shop |
| ▪ <i>Family Assets in Minnesota (FAIM)</i> | ▪ <i>Getting There</i> |
| ▪ Food Shelf | ▪ <i>Weatherization</i> |
| ▪ Food Support Outreach | ▪ WIC |
| ▪ Furniture Donations (referral only) | |

INFORMATION AND REFERRAL AGENCIES

United Way 211

1-800-543-7709 or (651) 291-0211 or 211

American Red Cross (*M-F/5 pm – 8 am & weekends-holidays/24 hrs*)

Anoka/Carver/Scott Counties Emergency Social Services

(651) 291-4680

After hours Crisis Intervention

(651) 291-4680

MN Dept. of Human Services

(651) 431-2000

TTY 1-888-627-3529

CAC (Community Action Council)

20730 Holyoke Avenue W. (P.O. Box 1256), Lakeville, MN 55044-1256

Phone: (952) 985-5300

Fax: (952) 985-4015

TTY: (952) 985-4077

- | | |
|---|------------------------------------|
| ▪ Auto Loan Program (Ways to Work) | ▪ Sexual Assault Advocate Program |
| ▪ Emergency Services | ▪ Armful of Love (Holiday Project) |
| ▪ B. Robert Lewis House (Women's Shelter) | |
| ▪ Food Shelf (Eagan, Apple Valley, Burnsville, Lakeville, Farmington) | |

CARVER COUNTY COMMUNITY SOCIAL SERVICES

General Information

(952) 361-1600

MFIP

(952) 361-1600

Child Care Assistance

(952) 361-1600 or (952) 361-1721

Child Protection

(952) 361-1600

Child Support

(952) 361-1600

Medical Assistance

(952) 361-1600

Food Stamps

(952) 361-1600

Public Health

(952) 361-1329

DAKOTA COUNTY SOCIAL SERVICES

Automated Message	(651) 554-6000
Adult Services	(651) 554-6000
MFIP	(651) 554-5611
Child Support	(651) 554-5909
Medical Assistance	(651) 554-5611
Food Stamps	(651) 554-5611
Public Health	(651) 554-6100
Child Care <i>*Ask for Child Care Assistance</i>	(651) 554-5611
Crisis Response Unit	(952) 891-7171
Child Protection	(day) (952) 891-7400 or (952) 891-7459 (eve/weekends) (952) 891-7171

SCOTT COUNTY HUMAN SERVICES

General Information	(952) 445-7750
<i>*All services are reached at general information number</i>	
MFIP (Valley Green Workforce Development Center)	(952) 496-8686
Child Support	(952) 445-7751
Medical Assistance	(952) 445-7751
Food Stamps	(952) 445-7751
Public Health & Public Health Nursing	
<i>@ Valley Green Workforce Development Center</i>	(952) 496-8555
Child Care Licensing & Child Protection	(952) 445-7751

HASTINGS FAMILY SERVICE *(Serves School District #200 only)*

121 East Third Street, Hastings, MN 55033	PHONE: (651) 437-7134
<ul style="list-style-type: none"> ▪ Used Clothing ▪ Emergency Food and Clothing Pantry ▪ Meals on Wheels ▪ Emergency Supplies/fire victims ▪ Furniture Bank ▪ Holiday Project ▪ Just Friends: Transportation, Tele-Care & Home Visiting 	<ul style="list-style-type: none"> ▪ Volunteer Income Tax Assistance ▪ Emergency Financial Assistance ▪ Commodities ▪ Information and Referral ▪ MAC/NAPS ▪ Habitat for Humanity

NEIGHBORS, INC.

218 - 13th Avenue S., South St. Paul, MN 55075	Phone: (651) 455-1508
	Fax: (651) 455-1319
<ul style="list-style-type: none"> ▪ Clothes Closet ▪ Used Furniture ▪ Emergency Services/Food ▪ Love Your Neighbor <i>*Holiday Project</i> ▪ Come As You Are <i>*Services for disabled individuals</i> ▪ Meth Support Network 	<ul style="list-style-type: none"> ▪ Type II Diabetes Support Groups ▪ Telephone Reassurance ▪ Sharing and Caring <i>*Support Group</i> ▪ Transportation ▪ Loss

SALVATION ARMY

Phone: (651) 322-3510

LUTHERAN SOCIAL SERVICES

Phone: (651) 642-5990

** Housing, Immigration, Refugee Employment, Homeless Youth, Mental Health, Counseling/Case Mgmt and Financial Counseling*

THE BEEHIVE www.thebeehive.org

www.thebeehive.org

** Free confidential information and referral 24/7, multi-language assistance offered*

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CULTURALLY DIVERSE RESOURCES

ABC Child Care Center	(651) 225-4657
Casa De Esperanza	(651) 772-1611
<i>*Battered women's shelter, community advocacy-Latino & Spanish only, information and referral, translation assistance for domestic abuse only</i>	
Centro	(612) 874-1412
<i>*Food shelf, preschool, English classes, youth program, truancy program, mental health, family counseling, women's programs</i>	
Center for Victims of Torture	(612) 436-4800
Centro Legal	<i>*Legal services, legal education, immigration & family</i> (651) 642-1890
CLUES (Chicanos Latinos Unidos En Servicios)	St. Paul (651) 379-4200
<i>*Education, employment, health, counseling, ESL, mental health, chemical dependency, sexual abuse, finances</i>	
	Mpls (612) 746-3500
	Fax (651) 292-0347
	www.clues.org
Community-University Health Care Center/Varsity	(612) 638-0700
<i>Club/Children's Clinic *Health care, including prenatal/ob-gyn care and nurse midwife program/dental/mental health/social services</i>	
Embajada de Mexico (Mexican Consulate)	(651) 771-5494
Hispanic Chamber of Commerce	(612) 312-1692
Ronald Hubb Center for Lifelong Learning	(651) 290-4822
<i>*GED training & testing, ESL</i>	
Hispanic Health Network	(612) 722-0796
<i>*Health services, cultural competency trainings</i>	
Hmong American Partnership	Mpls (612) 377-6482
	St. Paul (651) 495-9160
Hmong Cultural Center	(651) 917-9937
Jewish Family and Children's Service	(952) 546-0616
La Familia Guidance Center	(651) 221-0913
<i>*Children's therapist, cultural trainings</i>	
La Oportunidad, Inc.	<i>*Violence prevention</i> (612) 872-6165
Lao Family Community	(651) 221-0069
Legal Rights Center. Inc.	(612) 337-0030
<i>*Legal assistance in criminal and traffic violation cases, bilingual</i>	
Migrant/Immigration/Refugee Legal Services (SMRLS)	(651) 291-2837
<i>*Legal assistance for civil case, community education</i>	
	<i>MUST live South of the Twin Cities-free service</i> Free Service
Neighborhood House-Food Shelf, ESL, GED (55107 zip code only)	(651) 789-2500
Neighborhood Justice Center (check to see if taking new clients)	(651) 222-4703
<i>*Criminal defense, referral, community education services, low-income people primarily in Ramsey, Washington and Dakota Counties</i>	
PACER Center's Multicultural Project	(952) 838-9000
<i>*Advocacy, workshops, and information to help parents of all races of children with disabilities increase their involvement and better advocate for their children in the school system</i>	
Prevent Child Abuse Minnesota	(651) 523-0099
<i>*Resources, information, referral for parents</i>	
Shakopee Dakota Health Clinic	<i>*Native Americans</i> (952) 496-6150
Southern Valley Alliance for Battered Women (Gina speaks Spanish)	(952) 873-4214
Su Familia	<i>*National Hispanic Family Health Help Line</i> toll free 1-866-783-2645
	1-866-Su-Familia
United States Immigration	<i>*Green Cards, self services</i> 1-800-375-5283
	<i>information, www.uscis.gov</i>
United Way	<i>*Statewide information</i> (651) 291-0211

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EDUCATION

ADULT BASIC EDUCATION (ABE)

Carver-Scott Educational Cooperative	<i>*General Info</i>	(952) 368-8800
Central Intake		(952) 368-8852
Hastings		(651) 438-0742
Lester Prairie		(952) 368-8124
New Prague		(952) 758-1282
Watertown-Mayer		(952) 403-7674
Westonka		(952) 491-8463
GED		
Adult Education (Apple Valley)		(952) 431-8316
Adult Education (Scott and Carver Counties)		(952) 403-7691
Farmington Adult Education		(651) 463-5077
ISD 191 School For Adults		(952) 707-4125
Apple Valley ABE		(952) 431-8316
Burnsville-Eagan ABE		(952) 707-4125
Farmington ABE		(651) 463-5077
ABE Mgr		(651) 460-3211
Lakeville ABE Office Mgr		(952) 232-2080 or (952)469-7598
Savage		(952) 736-8900
South Suburban ABE		(651) 457-9441
<i>*Serving South St. Paul/Inver Grove Heights/West St. Paul</i>		

CAREER WORKSHOPS, JOB FINDING SKILLS

Career Solutions		(651) 647-9961
Dakota County Technical College (Rosemount)		(651) 423-8000
Hennepin Technical College		(952) 995-1300
<i>*Expanded Career Choices, Employment & Training</i>		
Inver Hills Community College (Inver Grove Heights)		(651) 450-8500
Normandale Community College (Bloomington)		(952) 487-8200
		or Toll Free 1-866-880-8740
Employment & Training:		
▪ Carver County – Workforce Center		(952) 361-1711
▪ Dakota County – Workforce Center Burnsville		(952) 895-7600
▪ Dakota County – Workforce Center West St. Paul		(651) 554-5955
▪ Scott County – Workforce Center		(952) 445-7087
Rehabilitation Services		(651) 259-7366
		or 1-800-328-9095
Women Venture (<i>starting own business</i>)		(651) 646-3808

COMMUNITY EDUCATION

Apple Valley	(651) 423-7722	Lakeville	(952) 232-2150
Belle Plaine	(952) 873-2400	Mendota Heights	(651) 681-2397
Burnsville		Norwood/Young America	(952) 467-7390
*Adult	(952) 707-4110	Prior Lake	(952) 226-0080
*Youth & Family	(952) 707-4150	Rosemount	(651) 423-7922
Chaska-Chanhassen	(952) 556-6200	Savage	(952) 226-0080
Eagan	(651) 423-7722	Shakopee	(952) 496-5029
Farmington	(651) 460-3200	South St. Paul	(651) 306-3602
Hastings	(651) 438-0880	Waconia	(952) 442-0610
Inver Grove Heights	(651) 306-3602	Watertown	(952) 955-0280
Jordan	(952) 492-6211	West St. Paul	(651) 681-2397

COMMUNITY COLLEGES/TECHNICAL INSTITUTES

Dakota County Technical College (Rosemount)	(651) 423-8301 or 1-877-937-3282
Hennepin Technical College (Eden Prairie)	(952) 995-1300
Inver Hills Community College (Inver Grove Heights)	(651) 450-8500
Metropolitan State University (St. Paul Campus)	(651) 793-1300
Metropolitan State University (Mpls. Campus)	(612) 659-7301
Minneapolis Community & Technical College (Mpls.)	(612) 659-6000
Minnesota School of Business (Shakopee)	(952) 345-1200
Normandale Community College (Bloomington)	(952) 487-8239
St. Paul Technical College (St. Paul)	(651) 846-1600
U of M Extension	(612) 624-1222

E.C.F.E. (Early Childhood Family Education)

Belle Plaine	(952) 873-2415	Jordan	(952) 492-3233
Burnsville/Eagan	(952) 707-4150	Lakeville	(952) 469-7290
Chaska-Chanhassen- Carver-Victoria	(952) 556-6224	Prior Lake	(952) 226-0950
Eagan	(952) 431-8340	Rosemount/Apple Valley	(952) 405-2638
Farmington	(651) 460-3205	Shakopee	(952) 496-5033
Hastings	(651) 437-3724	South St. Paul	(651) 457-9418
Inver Grove Heights	(651) 457-9418	Waconia	(952) 442-0613
		Watertown-Mayer	(952) 955-0233
		West St. Paul	(651) 405-2638

LIBRARIES

Apple Valley	(952) 891-7045		
Belle Plaine	(952) 873-6767	Lakeville	(952) 891-0360
Burnsville/Eagan	(952) 891-0300	New Prague	(952) 758-2391
Chanhassen	(952) 227-1500	Norwood-Young America	(952) 467-2665
Chaska	(952) 448-3886	Prior Lake	(952) 447-3375
Eagan	(651) 450-2900	Savage	(952) 707-1770
Farmington	(651) 438-0250	Shakopee	(952) 233-9590
Hastings	(651) 438-0200	South St. Paul	(651) 554-3240
Inver Grove Heights	(651) 554-6840	Waconia	(952) 442-4714
Jordan	(952) 492-2500	West St. Paul	(651) 554-6800
Dakota County Library			
Book Mobile Information	(952) 891-0300	Watertown	(952) 955-2939

PRESCHOOL SCREENINGS (Early Childhood Screening)

Carver County	
▪ Chaska	(952) 556-6224
▪ Chanhassen	(952) 556-6200
▪ Norwood Young America	(952) 467-7390
▪ Waconia	(952) 442-0613
▪ Watertown	(952) 955-0280
Dakota County	
▪ Burnsville/Eagan/Savage – District 191	(952) 707-4150
▪ Farmington – District 192	(651) 460-3200 or 460-3208
▪ Hastings – District 200	(651) 438-0654
▪ Inver Grove Heights/South St. Paul – Districts 199/6	(651) 306-3603
▪ Rosemount/Apple Valley/Eagan – District 196	(952) 431-8330
▪ W. St. Paul	(651) 405-2483
Scott County	
▪ Belle Plaine – District 716	(952) 873-2417
▪ Jordan – District 717	(952) 492-4342
▪ Prior Lake – District 719	(952) 226-0975
▪ Shakopee – District 720 (First Step)	(952) 496-5072

EARLY CHILDHOOD SPECIAL EDUCATION

Carver County	
▪ Chaska – District 112	(952) 556-6173
▪ Watertown/Mayer – District 111	(952) 368-0160
Dakota County	
▪ Burnsville/Eagan/Savage – District 191	
Birth-3 yrs	(952) 895-6630
3-5 yrs	(952) 895-6652
▪ Farmington – District 192	
Birth-3 yrs	(651) 463-5066
Birth-21 yrs (<i>special needs</i>)	(651) 463-5020
▪ Hastings – District 200	(651) 438-0874
▪ Inver Grove Heights – District 199 (<i>3-5 years</i>)	(651) 306-7313
▪ Inver Grove Heights/South St. Paul (<i>Birth-3 years</i>)	(651) 306-3606
▪ Lakeville – District 194	(952) 469-7191
▪ Rosemount/Apple Valley/Eagan – District 196	(952) 431-8700
▪ South St. Paul – District 6 (<i>3-5 years</i>)	(651) 457-9497
▪ West St. Paul/Mendota Heights – District 197	(651) 905-4196
Scott County	
▪ MN River Valley Special Education Co-op	(952) 492-3030
* <i>Except Jordan & Shakopee</i>	
▪ Jordan – District 717	(952) 492-2336
▪ Shakopee – District 720	(952) 496-5072
Additional Programs	
▪ Arc Greater Twin Cities	(952) 890-3057
▪ CAP Agency Head Start	
Scott & Carver Counties	(952) 496-2125
Dakota County	(651) 322-3500
▪ Dakota County Developmental Disabilities Intake	(952) 891-7459
▪ First Step Central Intake (Carver County)	(952) 368-0160
▪ First Step Central Intake (Scott County)	(952) 496-5059
▪ MN Children with Special Health Needs	1-800-728-5420 (Toll Free)
▪ PACER Center	(952) 838-9000

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SCHOOL DISTRICTS

Belle Plaine – District 716	(952) 873-2400
Burnsville/Eagan/Savage– District 191	(952) 707-2000
Chaska – District 112	(952) 556-6100
Rosemount/Apple Valley/Eagan – District 196	(651) 423-7700
Farmington – District 192	(651) 463-5000
Hastings – District 200	(651) 437-6111
Inver Grove Heights – District 199	(651) 306-7800
Jordan – District 717	(952) 492-6200
Lakeville – District 194	(952) 469-7100
New Prague – District 721	(952) 758-1700
Norwood/Young America – District 108	(952) 467-7100
Prior Lake/Savage – District 719	(952) 226-0000
Shakopee – District 720	(952) 496-5000
South St. Paul – District 6	(651) 457-9400
Waconia – District 110	(952) 442-0600
Watertown-Mayer – District 111	(952) 955-0200
West St. Paul/Mendota Heights/Eagan/IGH – District 197	
▪ Call Transportation Dept. to determine school	(651) 681-2332

VOLUNTEER OPPORTUNITIES

CAP Agency	(952) 960-9700
AMICUS	(612) 348-8570
CAC	(952) 985-5300
Carpenter Nature Center	(651) 437-4359
CART Transportation	(952) 466-5260
Carver County Social Services	(952) 361-1600
Children’s Home Society	(651) 646-7771
	1-800-952-9302
Dakota County Volunteer Opportunities (through CAC)	(952) 985-5300
DARTS (West St Paul)	(651) 455-1560
Hastings Family Service	(651) 437-7134
Neighbors	(651) 455-1508
Regina Medical Center	(651) 480-4100
Scott County Human Services	(952) 445-7751
Twin Cities Habitat for Humanity	(612) 331-4090

FAMILY SUPPORT

ADVOCACY/SYSTEMS CHANGE

Minnesota House Information	(651) 296-2146
Minnesota Senate Information	(651) 296-0504
Better Business Bureau	(651) 699-1111
Attorney General – Consumer Protection Division	(651) 296-3353

CHILD CARE

Child Care Aware	1-800-424-2246
Child Care Resource & Referral	
▪ Resources for Child Caring - Parent Referral (www.resourcesforchildcare.org)	(651) 641-0332
▪ Local contact for Scott & Carver counties	(952) 402-9826

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▪ MN CCR&R Network (www.mnchildcare.org)	(651) 665-0150
▪ United Way 211	1-800-543-7709
Parent Support Services	
▪ Dakota County	(651) 641-1300
Day Care Licensing	
▪ Carver County	(952) 361-1600
▪ Dakota County	(952) 891-7480
▪ Scott County	(952) 445-7751
Subsidized/Sliding Fees	
▪ Carver County Child Care Assistance	(952) 361-1721
▪ Dakota County Child Care Assistance	(651) 554-5611
▪ Scott County Child Care Assistance	(952) 496-8686

CLOTHING

Bargains on Broadway Thrift Shop (Jordan)	(612) 419-9519
Body Expressions (Chaska)	(952) 368-3444
CAP Agency Thrift Shop (Shakopee)	(952) 402-9878
Chap Victory Value Store (Burnsville)	(952) 890-8222
Clothes Closet (Bloomington)	(952) 941-1247
Goodwill (Apple Valley)	(952) 953-4410
Goodwill (Shakopee)	(952) 233-8897
St. Paul	(651) 451-2014
Hands of Friendship Thrift Shop (New Prague)	(952) 758-5114
Hastings Family Services (free to Hastings Residents, others can buy)	(651) 437-7134
Neighbors - Clothes Closet (South St. Paul)	(651) 455-0447
Once Upon a Child (Burnsville)	(952) 432-8802
Once Upon a Child (Eden Prairie)	(952) 941-3515
Once Upon a Child (Shakopee)	(952) 445-9900
Peace Center (New Prague, food and clothing)	(952) 758-4688
Ready For Success (<i>*Need a referral</i>)	(612) 871-4086
Salvation Army (St. Paul)	(612) 789-2858
Impact Thrift Center (Burnsville)	(952) 882-7899

Free Clothing

Dayton Presbyterian (St. Paul)	(651) 227-7389
St. Thomas Moore Church	(651) 227-7669

Open Sept-May/1st & 3rd Sat/ 9:00-11:00 a.m. & Every Sat except holidays 1-3 p.m.

FAMILY RECREATION

Apple Valley Parks Recreation (<i>Information & Weather Line</i>)	(952) 953-2399
Bell Museum of Natural History	(612) 624-7083
Carpenters Nature Center (Hastings)	(651) 437-4359
Carver County Historical Society	(952) 442-4234
Carver County Parks	(952) 466-5250
Chaska Community Center	(952) 448-5633
Children's Theatre	(612) 874-0400
Como Park Zoo	(651) 487-8200
County Extension Services <i>*4H and other youth programs</i>	
▪ Carver	(952) 466-5300
▪ Dakota	(651) 480-7700
▪ Scott	(952) 492-5410
Dakota County Parks	(651) 438-4636
Historic Fort Snelling	(612) 726-1171
MN Children's Museum	(651) 225-6000
MN Landscape Arboretum	(952) 443-1400

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MN Museum of American Art	(651) 266-1030
MN ZOO (Apple Valley)	(952) 431-9200
Murphy's Landing (Shakopee)	(763) 694-7784
Science Museum	(651) 221-9444
Shakopee Community Center	(952) 233-9500
Society for the Arts (Burnsville)	(952) 431-4155
The Minneapolis Institute of Arts	(612) 870-3131
Valley Fair (Shakopee)	(952) 445-7600

Children and Youth

Parks & Recreation

Apple Valley	(952) 953-2300
Burnsville	(952) 895-4500
Chaska	(952) 448-5633
Eagan	(651) 675-5500
Farmington	(651) 280-6850
Hastings	(651) 480-6175
Inver Grove Heights	(651) 450-2585 or -2586 pool (651) 450-2480
Lakeville	(952) 985-4600
Savage	(952) 224-3420
Shakopee	(952) 233-9500
South St. Paul	(651) 554-3260
Boy Scouts/Northern Star Council	(763) 545-4550
Kids 'n Kinship	(952) 892-6368
YMCA (Burnsville)	(952) 898-9622

* Contact your local community theatre for reasonably priced local entertainment!

FOOD

Emergency Food Shelf Network

(763)-450-3860

Fare For All (formerly FareShare)

763-450-3880 or 1-800-582-4291

Food Co-ops

Spiral Food Co-op (Hastings)	(651) 437-2667
Valley Natural Foods (Burnsville)	(952) 891-1212

Food Support (formerly Food Stamps)

Carver County Community Social Services	(952) 361-1600
Dakota County Economic Assistance	(651) 554-5611
Scott County Human Services	(for individuals) (952) 445-7751 (for families) (952) 496-8686

Food Shelves

CAP Agency – Scott county	(952) 496-2125 Option 6
CAP Agency – Carver county	(952) 960-9700
CAC – Dakota County (Lakeville admin office)	(952) 985-5300
Centro	(612) 874-1412
Chap Victory Value Food Pantry (Dakota County)	(952) 890-8222
Friends for Life Food Shelf (Watertown)	(952) 955-1980
Hastings Family Services	(651) 437-7134
Jordan	(612) 840-9407
Neighbors-North Dakota County	(651) 455-1508
Peace Center (New Prague, M, W, F 9-12:30 appt. & referral only)	(952) 758-4688
Southwest Carver Co. Food Shelf (Norwood-Young America)	(952) 467-1870
St. John's Catholic Church (Belle Plaine)	(952) 873-6219
Waconia United Food Shelf	(952) 442-3878

Free Meal

Hosanna Lutheran Church (9600 – 163rd St. W., Lakeville)	(952) 435-3332
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*Tuesday evenings, 5:00-6:30 p.m.

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Information on Food/Nutrition

Minnesota Extension Services

- Carver County (952) 466-5300
- Scott County (952) 492-5410
- Dakota County (651) 480-7700

WIC (Women, Infants and Children)

Dakota County Public Health (952) 891-7525
CAP Agency (Scott County) (952) 496-2125 Option 7
CAP Agency (Carver County) (952) 960-9701 or 9702

MAC (Mothers and Children)

CAP Agency-Distribution Site only, call to enroll (651) 484-8241 or 800-365-0270

NAPS (Nutritional Assistance Program for Seniors)

CAP Agency-Distribution Site only, call to enroll (651) 484-8241 or 800-365-0270

FUEL ASSISTANCE AND WEATHERIZATION

CAP Agency

- Scott & Carver & Dakota Counties (651) 322-3500

Heat Share-St Paul (651) 224-6946

FURNITURE

Bridging, Inc. (952) 888-1105
CAP Agency (referral only) (952) 496-2125
Chap Victory Value Store (Burnsville) (952) 890-8222
Goodwill (Apple Valley) (952) 953-4410
Goodwill (Shakopee) (952) 233-8897
Goodwill (St. Paul) (651) 379-5808
Hastings Family Services (651) 437-7134
Neighbors (651) 455-1508

HOUSING

After Hours Crisis Response Unit (Dakota County) (952) 891-7171
CAP Agency Housing Services (952) 496-2125
Dakota Woodlands (651) 456-9110
Families Moving Forward (612) 529-2185
Habitat for Humanity (612) 331-4439
Hastings Family Service Transitional Housing (651) 437-7134
HRA - Section 8 & Subsidized Housing

- Carver County (952) 448-7715
- Dakota County (*CDA – Community Development Agency*) (651) 675-4400
- South St. Paul (651) 554-3270
- Scott County (952) 402-9022

Landlord and Tenants Rights Email at www.ag.state.mn.us
Lutheran Social Services Housing Services (612) 879-5371
MN Attorney General (651) 296-3353
MN Department of Human Rights (651) 296-5663
MN Tenant's Union-*not free** (612) 871-7485
**Advocacy, tenant problems-You pay \$1.25 for 1st minute & \$.99 per minute thereafter*
Perspectives Family Center (for homeless) www.perspectives-family.org
Perspectives Transitional Housing for Women In Recovery (952) 926-2600
Supportive Housing Unit (Dakota County) (651) 554-5751

LEGAL SERVICES

Centro Legal	(651) 642-1890
<i>*Legal services, legal education</i>	
Dakota County Attorney's Office	(651) 438-4438
Immigrant Law Center, St Paul	(651) 641-1011
	800-223-1368
Legal Assistance of Dakota County	(952) 431-3200
<i>*Divorce, OFP, unlawful detainer</i>	
Legal Rights Center Inc Bilingual, criminal & traffic violation cases	(612) 337-0030
MN Disability Law Center	(612) 332-1441
	TTY (612) 332-4668
Ombudsman for Mental Health and Mental Retardation <i>*Advocacy</i>	(651) 296-3848
Southern MN Regional Legal Services (Scott & Carver Counties)	(651) 222-4731
Southern MN Regional Legal Services	
<i>Refugee, Immigrant and Migrant Services</i>	(651) 291-2837

PARENTING

Big Brothers/Big Sisters	
▪ Carver, Dakota and Scott Counties	(651) 789-2400
Children's Home Society & Family Services	(651) 222-0311
Cradle of Hope	(651) 636-0637
Crisis Nursery	
▪ Scott & Carver Counties	(612) 839-5101
Dakota County Children & Family Services	(952) 891-7400
INFO-U	(612) 624-2200
<i>*A free service of the University of Minnesota Extension Service</i>	1-800-525-8636
<i>Over 150 voice messages about caring for children</i>	
Kids 'n Kinship	(952) 892-6368
LaLeche League	(612) 922-4996
New Beginnings (Intake, Scott & Carver Counties)	(952) 368-8850
<i>*Teen Parent/Teenage pregnancy</i>	
Parent Warmline	(612) 813-6336
<i>*Non-crisis parenting</i>	
Perspectives, Inc.	(952) 926-2600
Prevent Child Abuse Minnesota	
▪ State Office	(651) 523-0099
	or 1-800-Children
Resource Center for Fathers & Families	www.resourcesforfathers.org

TRANSPORTATION

CAC Help Line	(952) 985-4000
CART (Carver County)	(952) 466-5260
Community Car Care (Dakota County) <i>*Christian-based</i>	(952) 985-3870
DARTS (Dakota County) <i>*Elderly & special needs</i>	(651) 455-1560
Dial-A-Ride	
▪ Shakopee	(952) 496-8341
▪ Hastings	(651) 437-8722
GAPP -Dakota County <i>*Free</i>	(952) 953-9299
MEDICA Provide-a-Ride	(952) 992-2292
<i>*Available to members of Medica, Child Care, Senior Care Complete</i>	
MN Valley Transit Authority (Burnsville)	(952) 882-7500
MNET (MA Only)	1-866-467-1724
National Runaway Switchboard	1-800-621-4000

Provides a Greyhound bus ticket home for runaway youth

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Neighbors (South St. Paul)	(651) 455-1508
Northland Transportation *\$7.50 each way, plus \$2.35 per mile	(952) 885-0580
Scott County Transit	(952) 496-8341
TRAC (Hastings Family Service)	
8 a.m. - 4:30 p.m.	(651) 437-8722
6-8 a.m. & 4:30-6:00 p.m.	(651) 248-3207
Water's Edge Transportation (MA Only)	(952) 657-2216

Car Seat Programs

Queen of Peace Hospital	(952) 758-4431
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Vehicle Repair

CAC *Ways to Work Family Loan Program	(952) 985-4050
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FINANCES

GETTING THERE LEASE TO OWN VEHICLE PURCHASE PROGRAM

CAP Agency	
▪ Scott, Carver and Dakota counties	(651) 322-3544

WAYS TO WORK VEHICLE LOAN PROGRAM

CAC	(952) 985-5300
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MONEY MANAGEMENT

Dakota County Employment & Economic Assistance	(651) 554-5611
Financial Education Web Sites	
* www.tomorrowsmoney.org (English)	
* www.ahorrando.org (Spanish)	
Financial Literacy Classes-CAP Agency	(651) 322-3544
Minnesota Extension Services * No cost	
▪ Dakota County	(651) 480-7700
▪ Carver County	(952) 466-5300
▪ Scott County	(952) 492-5410
Children's Home Society & Family Services (South St. Paul)	(651) 451-1434

STATE TAX INFORMATION

Dakota County Employment & Economic Assistance	(651) 554-5611
MN Dept of Revenue	http://www.taxes.state.mn.us

HEALTH

DENTAL CARE

Children's Dental Services Association (Ages birth-18 yrs)	
All Locations	(612) 746-1530
East Valley Dental, Apple Valley	(952) 423-4414
Helping Hand Dental Clinic (St. Paul) *Sliding fee	(651) 224-7561
Minnesota Dental Care (Minneapolis)	(612) 866-0616
*MA Patients Only (Blue Plus & Medica PMAP, MHP)	
Smile Center, Savage (MA & MN Care)	(952) 440-2292
U of M Dental Clinic *Low cost, adults and children, cash basis	(612) 625-2495

FAMILY PLANNING

Alpha Women's Center	(952) 447-5683
Pregnancy Choices Life Care Center <i>*Free testing, ultrasounds, counseling</i>	(952) 997-2229
AMNION – Crisis Pregnancy Center (Burnsville) <i>*Free testing & counseling</i>	(952) 898-4357
Birthright of Waconia	(952) 442-4026
Family Tree Clinic	(651) 645-0478
Minnesota Family Planning and STD Hotline	1-800-78-FACTS
Planned Parenthood (Burnsville)	(952) 890-0940
Public Health	
▪ Carver County	(952) 361-1329
▪ Dakota County	(651) 554-6100
▪ Scott County	(952) 496-8555
Twin Cities Fertility Care Center – Health East St. Joseph Hospital	(651) 232-3088
Wakota Life Care Center - W. St. Paul)	(651) 457-1195
West Suburban Teen Clinic	(952) 474-3251

HEALTH INSURANCE

Medical Assistance	
▪ Carver County	(952) 361-1600
▪ Dakota County	(651) 554-5611
▪ Scott County	(for individuals) (952) 445-7751 (for families) (952) 496-8686
Minnesota Care	(651) 297-3862 1-800-657-3672
Neighborhood Health Care Network	(651) 489-2273
Referral Line for affordable medical, dental & MH care	Toll Free (866) 489-4899

HOSPITALS

Allina Hospitals & Clinics	(612) 262-5000
Children's Hospital (St. Paul)	(651) 220-6000
Fairview Ridges Hospital (Burnsville)	(952) 892-2000
Health East St. Joseph Hospital (St. Paul)	(651) 232-3000
Queen of Peace Hospital (New Prague)	(952) 758-4431
Regina Medical Center (Hastings)	(651) 480-4100
Ridgeview Medical Center	
Waconia	(952) 442-2191
Non-metro	(800) 967-4620
St. Francis Regional Medical Center (Shakopee)	(952) 403-3000
Trinity (Farmington)	(651) 463-7818
United (St. Paul)	(651) 241-8000

MEDICAL

489 Care <i>*Helps connect to low-cost clinics in Mpls/St. Paul apply for MN Care and MA</i>	(651) 489-2273
Community-University Health Care Center	(612) 638-0700
Family Medical Center-La Clinica (in Hennepin County)	(612) 545-9000
Green Central Clinic (in Minneapolis)	(612) 827-7181
Hispanos en Minnesota	(651) 227-0831
Hispanic Health Network	(612) 722-0796
<i>*Health Services, cultural competency trainings</i>	
Immunization Clinics <i>*Low cost</i>	(952) 891-7500
<i>*Schedule appointment</i>	(952) 891-7528

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La Familia Guidance Center <i>chemical dependency, employment, academic and career counseling</i>	(651) 221-0913
Poison Control	1-800-222-1222
Portico Health Net <i>*helps determine eligibility for MN programs and may offer own program if not eligible</i>	(651) 603-5100
Public Health	
▪ Carver County	(952) 361-1329
▪ Dakota County	(952) 891-7500
▪ Scott County	(952) 496-8555
River Valley Nursing Center <i>Nursing assessments & referrals to community resources</i>	(952) 496-8669
St. Mary's Health Clinics <i>*Free Health Care</i>	(651) 690-7029
West Side Health Center	(651) 222-1816

MENTAL HEALTH

General

Catholic Charities <i>*Sliding fee</i>	
Information and Referral	(612) 664-8500
Counseling Services and Intake	(651) 215-2209
Center for Victims of Torture	(612) 436-4800
Children's Home Society & Family Services (South St Paul)	(952) 432-4145
Crisis Connection <i>* Phone counseling and referrals – 24-hour crisis line</i>	(612) 379-6363
Crisis Nursery	
▪ Scott & Carver Counties	(612) 839-5101
Dakota County Crisis Response Unit	(952) 891-7171
Eagan Counseling Clinic	(651) 454 0114
Emily Program (eating disorders) ▪ www.emilyprogram.com	(651) 645-5323
Family Service (St Paul)	(651) 222-0311
Fairview Mental Health Intake	(612) 672-6600
First Street Center (Carver County Mental Health) ▪ After hours crisis counseling for Scott & Carver counties	(952) 442-4437 (952) 442-7601
Gambling Hotline	1-800-437-3641
La Familia Guidance Center	(651) 221-0913
LifeSpan of Minnesota (Dakota County) <i>*Eagan, West St Paul, Hastings</i>	(952) 562-8500
Lutheran Social Services (Minneapolis)	(612) 871-0221
Recovery, Inc. <i>*Self help mental health</i>	(612) 824-5773
Scott County Mental Health ▪ After hours crisis counseling	(952) 445-7751 (651) 291-4680
Wilder Child Guidance Clinics (St Paul) <i>*Child Counseling/Support Groups</i>	(651) 280-2310
Washburn Child Guidance	(612) 871-1454

Abuse

Adults Recovering from Incest/ARIA	(763) 591-5916
B. Robert Lewis House <i>Business office</i>	(651) 452-7466
Eagan <i>*Advocates/support/shelter</i>	24 hours (651) 452-7288
Hastings <i>*Advocates/support/shelter</i>	(651) 437-1291
CAC Sexual Assault	(651) 405-1500
CAC Violence Prevention & Intervention Project (Lewis House)	(651) 452-7466
Casa de Esperanza <i>*Battered women's shelter</i>	(651) 772-1611
Center for Victims of Torture	(612) 436-4800
Child Protection <i>*To report child abuse & neglect</i> ▪ Carver County	(952) 361-1600
	TDD 1-800-627-3529

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▪ Dakota County	(952) 891-7459
* <i>After hours, weekends and holidays/crisis unit</i>	(952) 891-7171
▪ Scott County Human Services	(952) 445-7751
Children's Home Crisis Nursery	(651) 641-1300
Children's Home Society & Family Services	(651) 646-7771 or 800-952-9302
* <i>Support group/counseling</i>	
Crime Victim Ombudsman Referral Hotline	1-800-247-0390
Crisis Connection	(612) 379-6363
Crisis Nursery	
▪ Scott & Carver Counties	(612) 839-5101
Domestic Abuse Project	(612) 874-7063
Fairview WomanKind Domestic Abuse Program * <i>Advocacy 24 hours</i>	1-800-787-3224
Mental Health Crisis Program-Scott and Carver Counties	(952) 442-7601
Midwest Children's Resource Center (St Paul)	(651) 220-6750
National Domestic Violence Hotline	1-800-799-SAFE
Pieteg, Ron * <i>Domestic Abuse Psychologist</i>	(952) 431-1515
Program for Victims of Sexual Assault/Sexual Violence Center	
▪ Scott & Carver Counties	24 hours (952) 448-5425
▪ Sexual Violence Center Crisis Line	(612) 871-5111
Sexual Assault Crisis Line	1-800-643-6250
Sojourner Project * <i>Shelter/support</i>	(952) 933-7433
Southern Valley Alliance for Battered Women	(952) 873-4214
Stop It Now * <i>Child Sexual Abuse Prevention</i>	1-888-PREVENT
Stop It Now MN	(651) 644-8515
The Bridge for Runaway Youth * <i>Family & Crisis Counseling</i>	(612) 377-8800
Tubman Family Alliance * <i>24-hour Crisis Line</i>	(612) 825-0000
WomanKind * <i>Advocacy 24 hours</i>	(952) 892-2500
Women's Advocates	(612) 227-9966

Chemical Dependency

5 Stars Recovery Center (Chaska)	(952) 448-6557
Al-Anon/Alateen Family Groups * <i>24-Hour Answering Line</i>	(651) 771-2208
Alcoholics Anonymous Group	(952) 922-0880
Alcoholics Anonymous * <i>24-Hour Help Line</i>	1-800-262-4944
Chrysalis * <i>Support Groups</i>	(612) 871-0118
Community Services	
▪ Carver County (Human Services)	(952) 361-1600
▪ Dakota County (Social Services)	(952) 891-7400
▪ Scott County (Human Services)	(952) 445-7751
Dakota County Receiving Center/DETOX	(651) 437-4209
Fairview Counseling Center (Family)	(612) 672-6999
Fairview Lakes Health Services Chemical Dependency	(612) 672-2736
Fairview Recovery Services (Burnsville)	(952) 892-2510
HealthEast Behavioral Care	(651) 232-3222
Lifestyles Counseling Services (Prior Lake)- <i>family chemical dependency</i>	(952) 447-1117
River Ridge Treatment Center	
Burnsville- <i>chemical dependency</i>	(952) 894-7722
Minnetonka- <i>chemical dependency</i>	(952) 936-0304

The Haven	www.havenchemicalhealthsystems.com
Adolescent & Adult Outpatient Dependency Programs	
Shakopee	(952) 496-3366
Waconia	(952) 442-6227
Woodbury	(651) 734-9633
Residential Dependency Services for Women Only	
Rebecca's House, Scandia MN	(651) 433-5839
Margaret's House, Mendota Heights MN	(651) 686-0518

Suicide Prevention

Carver/Scott Mental Health Crisis Line *24-hour	(952) 442-7601
Crisis Connection	(612) 379-6363
Crisis Intervention Center *Hennepin County Medical Center	(612) 873-3161
Crisis Response Unit (Dakota County)	(952) 891-7171
Emergency Social Service Crisis Line (American Red Cross) after 5:00 p.m	(651) 291-4680
Suicide Prevention (United Way)	(612) 347-2222

SENIOR SERVICES

Caregiver Respite/Lutheran Social Services	1-800-488-4146
CAP Agency CHORE (Scott & Carver Counties)	(952) 496-2125
Information & Referral:	
CAP Agency	
▪ Scott County	(952) 496-2125
▪ Carver County	(952) 960-9700
▪ Dakota County	(651) 322-3500
Scott County Human Services	(952) 445-7751
Senior Linkage Line	(800) 333-2433
Senior Housing, Inc – Email at	info@seniorhousinginc.org
CAP Agency Meals on Wheels (Scott, Carver & Dakota Counties)	(952) 496-2125
CAP Agency Senior Dining	(952) 496-2125
Metropolitan Area Agency on Aging (MAAA)	(651) 641-8612
MN Board on Aging	(651) 431-2500
MN Senior Federation	(651) 645-0261
Health Insurance Counseling @ Senior Linkage Line	(800) 333-2433
The Senior Shop (Minneapolis) * <i>Clothing & Household</i>	(612) 378-1018
Prescription Medications	
RX Connect	1-800-333-2433
Apply for free or reduced price medications	www.MinnesotaHelp.info

VETERANS SERVICES

Veterans Administration	(952) 496-8176
Veterans' Linkage Line (all veterans-all ages)	1-888-546-5838